

MEMORIZE & MEDITATE ON GOD'S WORD- MAY 7 & 10, 2023

Meditating on God's Word provides light and strength for the soul.

(GOLDEN TEXT) Psalm 119:48 My hands also will I lift up unto thy commandments, which I have loved; and I will meditate on thy statutes.

DEFINITIONS: IN YOUR OWN WORDS

MEDITATE-

STRESS-

CHRISTIAN-

DESPERATE-

BELIEVE-

ENCOURAGE-

REMEMBER GOD AND HIS WORD

(PSALMS 63:5-8, 77:11-15, 119:9-16)

1- Do you consider yourself to be good at memorizing scriptures and do you feel it is necessary to do?

2- What is your method for memorizing scripture?

3- Have you ever been in a situation when you remembered a scripture at the exact moment you needed it, and it helped you or someone else get through a difficult time?

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MEDITATE ON SCRIPTURE IN STRESSFUL TIMES

(PSALM 119:145-152)

1-Christians don't often speak about meditation practices. Have you meditated much on scripture and how has it helped you?

2- During stressful times in your life, how important is it to have scriptural knowledge to meditate on?

3- Do you believe memorizing and meditating on scripture will help you be closer to God?

4. In your own words what would you say is the ultimate benefit of Scripture?

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FEED ON GOD'S WORD

(Luke 4:3-4, 1 Tim 4:15-16, 2 PETER 1:19-21)

1- Faith and trust are what drives our belief system, do you totally trust the words of scripture and what helped you get to that point of trust?

2-Humans need food to live and grow, how does God's word help us live and grow?

3-There are some foods that benefit the human body better than others, for example, a hot dog has less benefit than a salad would. Do you feel some scriptures are more beneficial than others?